

RACE POSITION	Race Number	Name	Time	Race
		MALE 21KM RUN		
1	3081	O'Kennedy Amo	01:46:05	21KM RUN
2	421	Ham Jan	01:48:53	21KM RUN
3	4511	Kloos Peter	01:49:54	21KM RUN
4	437	Cilliers Charl	01:51:38	21KM RUN
5	3271	Hattingh Marnus	02:02:04	21KM RUN
6	461	Nortje Jakes	02:03:17	21KM RUN
7	4461	Gelderbloem Michael	02:03:35	21KM RUN
8	3341	Truter Andre	02:03:42	21KM RUN
9	2651	Browne J	02:04:21	21KM RUN
10	420	Ganzevoort Douwe	02:06:27	21KM RUN
11	3691	Smith Pieter	02:08:24	21KM RUN
12	3711	du Plessis H	02:10:19	21KM RUN
13	2591	Kruger Justin	02:10:22	21KM RUN
14	422	Hurwitz Kevin	02:10:25	21KM RUN
15	2561	McCurrach B	02:12:48	21KM RUN
16	2711	Rolf Mare	02:12:59	21KM RUN
17	3681	Pieter Smith	02:16:28	21KM RUN
18	4391	Cruywagen Mike	02:18:47	21KM RUN
19	429	Meyer Richard	02:21:49	21KM RUN
20	426	Klerck Jeremy	02:22:49	21KM RUN
21	4521	Kruger Kevin	02:24:31	21KM RUN
22	3181	Oosthuizen Nico	02:27:51	21KM RUN
23	3191	Fuchs Nols	02:27:55	21KM RUN
24	2631	Nathan	02:27:58	21KM RUN
25	3741	Williams gavin	02:30:46	21KM RUN
26	3551	Sorrell Daniel	02:31:04	21KM RUN
27	463	Schubert Alexander	02:37:03	21KM RUN
28	439	du Plessis Christof	02:37:06	21KM RUN
29	425	Jennings Mike	02:41:50	21KM RUN
30	3531	Sorrell Mark	02:54:38	21KM RUN
		FEMALE 21KM RUN		
			Time	Race
1	399	Haasbroek Jacoline	01:46:19	21KM RUN
2	487	Mclvor Suzette	01:51:47	21KM RUN
3	4411	Fischer Marilyn	01:56:30	21KM RUN
4	3701	du Plessis Monique	01:58:50	21KM RUN
5	3241	Slatter Laurie	02:03:39	21KM RUN
6	397	Ganzevoort Annemien	02:03:47	21KM RUN
7	496	Steyn Jeanette	02:07:19	21KM RUN
8	4591	Murray Miema	02:09:08	21KM RUN
9	3661	Elize	02:10:45	21KM RUN
10	498	Ward Miranda	02:12:09	21KM RUN
11	3631	Muller Deon	02:14:17	21KM RUN
12	3301	Bannister Lizette	02:14:55	21KM RUN
13	4251	van der Westhuizen Kris	02:16:14	21KM RUN
14	3451	Nell Brenda-Lynn	02:16:57	21KM RUN
15	3471	van Rooyen Louise	02:16:59	21KM RUN
16	3391	Wessels Marelise	02:18:48	21KM RUN
17	4401	Cruywagen Stefni	02:18:52	21KM RUN
18	388	Boettger Andrea	02:19:19	21KM RUN
19	2641	Stegman N	02:21:19	21KM RUN
20	481	Jordaan Sandra	02:27:36	21KM RUN
21	392	Davis Amy	02:28:22	21KM RUN

22	395	fane hervey georgia	02:28:23	21KM RUN
23	452	Winterboer Trish	02:28:33	21KM RUN
24	451	Winterboer Candice	02:28:38	21KM RUN
25	3051	Botha Annerie	02:29:51	21KM RUN
26	3041	Eksteen Natasha	02:29:55	21KM RUN
27	4551	Lee Sabrina	02:31:59	21KM RUN
28	454	Engelbrecht Liana	02:32:21	21KM RUN
29	4451	Fulford Lorna	02:33:03	21KM RUN
30	4541	Lagan Catherine	02:36:37	21KM RUN
31	2701	Magnussen Megan	02:37:11	21KM RUN
32	2581	Holland Cath	02:37:24	21KM RUN
33	494	Saunders Dawn	02:38:59	21KM RUN
34	2531	du Plessis	02:41:09	21KM RUN
35	390	BRINKMANN LIZZI	02:42:14	21KM RUN
36	393	Davy Nicole	02:44:30	21KM RUN
37	483	Klerck Nicole	02:51:34	21KM RUN
38	2691	Meyer Nicole	02:51:38	21KM RUN
39	489	Munro JO	02:53:03	21KM RUN
40	3431	Wessels Sonja	02:53:30	21KM RUN
41	3001	van Wyk R	02:54:00	21KM RUN
		MALE 10 KM RUN	Time	Race
1	3501	Cluver	00:41:30	10KM RUN
2	4321	Badenhorst Corne	00:42:07	10KM RUN
3	4331	Badenhorst Willem	00:44:20	10KM RUN
4	4491	Jakus Matthias	00:44:27	10KM RUN
5	4291	van Taak Tian	00:44:30	10KM RUN
6	2521	du Plessis Lourens	00:44:43	10KM RUN
7	3381	Carver Rowan	00:44:53	10KM RUN
8	432	van der Westhuizen Gu	00:44:57	10KM RUN
9	445	Jordaan Retief	00:45:59	10KM RUN
10	444	Ferrer Rene	00:46:44	10KM RUN
11	4261	van Dyk Nicol	00:49:13	10KM RUN
12	3251	Loewenthal Doug	00:49:20	10KM RUN
13	306	Buchanan James	00:49:24	10KM RUN
14	3401	Pharoah Greg	00:49:46	10KM RUN
15	431	stoltz donovan	00:50:30	10KM RUN
16	3611	Brian	00:50:33	10KM RUN
17	2601	Haynes Neil	00:51:10	10KM RUN
18	443	Edwards James	00:51:34	10KM RUN
19	469	Wade Tim	00:51:47	10KM RUN
20	2671	Nel Jaco	00:53:10	10KM RUN
21	4431	Franzen Johann	00:53:11	10KM RUN
22	3281	Havlihan Sean	00:54:04	10KM RUN
23	3261	Joles J	00:54:14	10KM RUN
24	4671	Ridgway Mark	00:54:28	10KM RUN
25	441	Burgoyne Rob	00:55:00	10KM RUN
26	442	Burns Darren	00:55:45	10KM RUN
27	3521	Wessels Dian	00:56:16	10KM RUN
28	4691	Scalzini Chad	00:56:40	10KM RUN
29	3591	Laurie Robert	00:56:51	10KM RUN
30	434	Venter Johannes	00:57:17	10KM RUN
31	448	Lancaster Kevin	00:58:09	10KM RUN
32	3201	van Tonder Renie	00:58:38	10KM RUN
33	3671	Ross Andre	00:58:45	10KM RUN
34	2611	Bailey Dan	00:59:29	10KM RUN

35	447	King Adam	00:59:42	10KM RUN
36	4651	Pretorius Gert	00:59:46	10KM RUN
37	3231	Urquhart Craig	01:00:54	10KM RUN
38	3351	Zietsman Gustav	01:02:02	10KM RUN
39	3731	Williams Matthew	01:03:59	10KM RUN
40	440	Brennan Damien	01:05:59	10KM RUN
41	435	Baret Chris	01:56:20	10KM RUN
		FEMALE 10KM	Time	Race
1	398	Malan Barbara	00:45:09	10KM RUN
2	2511	Ruddick Fran	00:46:03	10KM RUN
3	497	Walters Chrizelda	00:46:07	10KM RUN
4	5001	du Toit Bennemi	00:46:39	10KM RUN
5	3151	McTavish Sam	00:48:30	10KM RUN
6	3171	Oberste Sandra	00:49:08	10KM RUN
7	4531	Kruger Anine	00:49:24	10KM RUN
8	3411	Pharoah Carina	00:49:43	10KM RUN
9	2681	Taylor Angela	00:49:51	10KM RUN
10	1402	du Plessis Michelle	00:50:04	10KM RUN
11	4621	Osrin Sara-Jane	00:50:38	10KM RUN
12	3651	Nelleke	00:50:53	10KM RUN
13	4611	Orchison Beth	00:50:56	10KM RUN
14	387	Viljoen Isa	00:50:59	10KM RUN
15	3121	de Villiers Jolandi	00:51:05	10KM RUN
16	2731	Beyers Riana	00:51:41	10KM RUN
17	343	Coetzer Liesel Erika	00:52:49	10KM RUN
18	2551	Scholtz Laurie	00:52:54	10KM RUN
19	356	TAIT MARETH	00:53:02	10KM RUN
20	386	Pretorius Johannien	00:53:05	10KM RUN
21	338	Mager Denise	00:53:49	10KM RUN
22	4661	Ridgway Lulu	00:54:11	10KM RUN
23	4471	Groenewald Kriel Danel	00:54:21	10KM RUN
24	335	Jackson Meagan	00:54:57	10KM RUN
25	3481	Grobbelaar Marie	00:55:04	10KM RUN
26	3601	Brink Surina	00:55:15	10KM RUN
27	333	Holliday Megan	00:55:48	10KM RUN
28	3221	Steyn Traccey	00:55:57	10KM RUN
29	3441	Ngandu Duncan	00:56:02	10KM RUN
30	3511	van Beek Liezel	00:56:19	10KM RUN
31	346	de Jager Nicola	00:56:32	10KM RUN
32	3621	Botes Karen	00:56:47	10KM RUN
33	334	Huggett Andrea	00:56:58	10KM RUN
34	329	Rowell Morgen	00:57:03	10KM RUN
35	3161	du Plessis Annen	00:57:13	10KM RUN
36	3571	Stevens Amy	00:57:43	10KM RUN
37	3581	Stevens Joy	00:57:48	10KM RUN
38	385	McCurrach Julia	00:58:03	10KM RUN
39	322	Mitchell Sandra	00:58:06	10KM RUN
40	4571	Milton Dot	00:58:58	10KM RUN
41	3751	Howard Kerryyn	00:59:32	10KM RUN
42	3361	Baxter Lise	00:59:35	10KM RUN
43	4361	Cahill Daniella	00:59:37	10KM RUN
44	326	Niland Phillipa	00:59:40	10KM RUN
45	323	Nieuwoudt Karita	01:00:00	10KM RUN
46	3021	Scott Margot	01:00:28	10KM RUN
47	348	Ehlers Danelle	01:00:49	10KM RUN

48	2621	Harcourt Danielle	01:00:51	10KM RUN
49	482	Joubert Karen	01:01:22	10KM RUN
50	2751	Wirbach K	01:01:53	10KM RUN
51	3761	Williams Nicole	01:01:58	10KM RUN
52	3371	McQueen Lee	01:02:05	10KM RUN
53	4201	Schubert Susanne	01:02:10	10KM RUN
54	341	BOTTEN KAREN	01:02:24	10KM RUN
55	3291	Beck Belinda	01:02:29	10KM RUN
56	347	du Toit Candice	01:03:42	10KM RUN
57	321	McClarty Claire	01:04:15	10KM RUN
58	2571	Stevens Tarryn	01:04:28	10KM RUN
59	2661	Nel Liandre	01:04:37	10KM RUN
60	4631	Paine Nicola	01:05:17	10KM RUN
61	359	wheatley Rone	01:05:54	10KM RUN
62	383	Fowler Melissa	01:06:04	10KM RUN
63	345	Conradie Anja	01:06:07	10KM RUN
64	381	Zeier Jacomie	01:06:09	10KM RUN
65	4211	Snyman Jodi	01:07:44	10KM RUN
66	380	Wilson Keelan	01:08:01	10KM RUN
67	337	Lancaster Tara	01:09:09	10KM RUN
68	340	Bester Annemare	01:09:21	10KM RUN
69	491	Newton Ingrid	01:09:39	10KM RUN
70	3101	Mostert Susan	01:10:36	10KM RUN
71	328	Rieckmann Kerstin	01:12:30	10KM RUN
72	320	Marthinus Elizabeth	01:12:34	10KM RUN
73	327	Pohl Elizabeth	01:12:37	10KM RUN
74	3561	Wade Margie	01:12:48	10KM RUN
75	3721	Vorster Loudi	01:13:29	10KM RUN
76	4481	Hundersmarck Erika	01:13:55	10KM RUN
77	4271	van Morne Shene	01:13:59	10KM RUN
78	3421	Wessels Annemarie	01:14:39	10KM RUN
79	4381	Carinus Lisa	01:15:13	10KM RUN
80	3011	Walker Karlien	01:18:53	10KM RUN
81	2721	Walker J	01:18:57	10KM RUN
82	2741	du Plessis A	01:22:00	10KM RUN
83	4341	Beckett Janine	01:26:37	10KM RUN
84	349	Galant Rochelle	01:26:39	10KM RUN
85	3141	Midgley Anne	01:28:45	10KM RUN
86	4641	Pretorius Hanneke	02:09:36	10KM RUN
87	354	Steyn Michelle	02:57:12	10KM RUN

		Junior 10km Trail Run		
	4351	Botton Paige	00:53:02	10KM RUN
1	465	BOTTEN COURTNEY	01:02:27	10KM RUN
2	3111	Mostert Leisha	01:10:32	10KM RUN
3				
	DUO RACE	DUO CYCLE RUN	TIME	CATEGORY
1	142	Oosthuizen Petrus	01:47:58	Duo Male
2	256	Groenewald Ockert	01:55:29	Duo Male
3	86	Thorburn James	01:57:44	Duo Male
4	139	Jansen van Rensburg J	01:58:18	Duo Male
5	55	Blake Matthew	01:58:27	Duo Male
6	250	van Wyk Adriaan	02:03:41	Duo Male
7	83	rew stewart	02:04:47	Duo Male
8	184	Koekemoer Johan	02:05:15	Duo Male

18	20	Adamson Hayley-Ann	03:20:18	Duo Female
19	24	Engelbrecht Liezel	03:20:46	Duo Female
20	238	Smit Helloise	03:21:00	Duo Female
21	21	Bester Sian	03:21:02	Duo Female
22	33	Lowrie Kerri	03:21:04	Duo Female
23	203	Strange Bonnie Talitha	03:21:06	Duo Female
24	217	Horn Claire	03:21:17	Duo Female
25	51	Pamplin Stuart	02:46:01	Duo Junior
26	199	Engelbrecht Janu	03:22:48	Duo Junior