

19KM LONG ROUTE

Overall Position	First Name	Surname	Category	Time
1	Johan	Stemmet	Male	1.28.43
2	Tristan	Kelly	Male	1.28.45
3	Jayde	Butler	Male	1.33.29
4	Katya	Soggot	Female	1.36.02
5	Matthew	Blake	Male	1.36.03
6	Teodor	Iliev	Junior	1.40.50
7	UGE	NEL	Male	1.41.17
8	Jacoline	Haasbroek	Female	1.42.46
9	Quintin	Smith	Male	1.44.11
10	nic	robertson	Male	1.45.12
11	Chris	Fisher	Male	1.45.24
12	Willan	van Zyl	Male	1.46.01
13	Thilo	Schmiedeknecht	Male	1.48.01
14	Kevin	Flanagan	Male	1.49.15
15	Paul	Harmer	Male	1.51.13
16	Robyn	Ferrar	Female	1.51.13
17	Mark	Loftus	Male	1.51.45
18	Leroy	Oosthuizen	Male	1.51.47
19	Brendan	Argent	Male	1.57.09
20	Kutlwano	Ramaboa	Female	1.57.10
21	Marc	Johnstone	Male	1.53.50
22	Allan	Ryninks	Male	1.54.06
23	Gerald	Thompson	Male	1.54.23
24	Joseph	Beattie	Male	1.55.02
25	Paul	Boyce	Male	1.55.51
26	Ilse	Esterhuyse	Female	1.55.54
27	patrick	cruywagen	Male	1.57.19
28	Tatum	Loftus-Prins	Female	1.57.21
29	Hans-J�rg	Heckel	Male	1.57.24
30	David	Le Page	Male	1.58.22
31	Clinton	Arnot	Male	2.00.32
32	John	Bush	Male	2.02.15
33	Andreas	Schaal	Male	2.02.15
34	Jeremy	Kirton	Male	2.02.19
35	Daniel	Martin	Male	2.03.02
36	Jonathan	O'Hanlon	Male	2.03.08

37	De Witt	Kamfer	Male	2.04.19
38	Julia	Thomas	Female	2.04.29
39	jason	marais	Male	2.00.25
40	brian	records	Male	2.06.57
41	Anna-Lucia	Steven	Female	2.06.53
42	Sean	Robinson	Male	2.07.54
43	THOMAS	PAULSEN	Male	2.08.43
44	KENNETH	BERGH	Male	2.09.05
45	Margaret	Irving	Female	2.09.43
46	chris	bohnenn	Male	2.10.33
47	Jeffrey	Shapiro	Male	2.12.46
48	Craig	Klopstra	Male	2.12.48
49	Dean John	Scott	Male	2.14.00
50	Ryan	Froude	Male	2.16.18
51	Kevin	Ewers	Male	2.16.31
52	Carla	Loureiro	Female	2.17.05
53	Sally	Tucker	Female	2.19.03
54	Keri	Delpport	Female	2.19.12
55	Benjamin	Bungartz	Male	2.19.39
56	Lindsey	Bungartz	Female	2.19.40
57	Gavin	Williams	Male	2.20.22
58	Terry	Smith	Male	2.21.07
59	Tana	J V Rensburg	Female	2.21.41
60	miema	murray	Female	2.22.13
61	Peter	Fosseus	Male	2.22.52
62	ANNELIZE	BERGH	Female	2.29.19
63	Kathleen	Bateman	Female	2.29.50
64	Elvera	Schwan	Female	2.30.13
65	Laurie	Nathan		2.34.29
66	Catherina	Hall-Martin	Female	2.35.24
67	Valerie	Lambrechts	Female	2.37.12
68	Florence	Groener	Female	2.39.50
69	Archibald	Groener	Male	2.39.51
70	Kevin	Lancaster	Male	2.40.15
71	Willem	Muller	Male	2.41.18
72	Matt	Knight	Male	2.41.51
73	Jean	Knox	Male	2.41.52
74	Riaan	Gerber	Male	2.46.32
75	433			2.46.32

76	Jacques	Cronje	Male	2.53.25
77	Rebecca	Cronje	Female	2.53.26
78	David	Webster	Male	2.58.20
79	Paul	Brink	Male	2.59.27
80	Eva	Reinhardt		3.01.43
81	Franciska	Venter	Female	3.08.03
82	Wendy	Sorrell	Female	3.11.38
83	Mark	Sorrell	Male	3.11.38
84	Johan	Le Roux	Male	3.29.18
85	Kyra	Solomon	Female	3.29.21
86	Petra	Riggs	Female	3.29.25
	Aron	Abera	Male	
	Derrick	Baard	Male	
	Darren	Burns	Male	
	Andre	Knobel	Male	
	Sandie	Smith	Female	out
	Elke	Wicht	Female	